

I am safe.
I am responsible.
I am respectful.
I am a learner.



Estoy seguro.
Soy respetuoso.
Soy responsable.
Soy un aprendiz.

Dayton Grade School

503-864-2217

January 2024

Upcoming Events

January 8
School Resumes

January 15
No School, Holiday

January 22
Preschool OPEN

January 24
PTSO Meeting
6:30 PM

January 26
Preschool CLOSED

January 29
Student of the Month Assembly
10:30 AM

February 1
No School, Inservice

February 2
No School, Grading Day



Perseverance is the word of the month for January. This is superbly timed to support those of us who made New Year's Resolutions since perseverance can be described as pushing ourselves through challenges and obstacles. Our children experience the need for perseverance daily in school. Each day new lessons challenge our students to take their understanding of a concept a little further than the day before, to apply their understanding of a concept to solve a problem, or to describe the concept and how it works. Learning new things takes perseverance and our kids practice this every day.

I found the following suggestions on a blog for families called [Playful Notes](#). The author suggested five steps to help your child with perseverance. The first one is featured on posters in our classrooms and is commonly known as the power of yet. Here are the five suggestions from the blog.

- 1. The magic word that changes everything when a child gives up easily - Yet**
Every time kids say that they can't do something, you can change their perspective by adding just one word to the sentence. And that magic word is "yet".
"I can't ride this new bike" becomes "You can't ride it yet. But you can learn to do it!"
For kids, this simple rephrasing matters! They understand that it's normal not to be able to do some things but also that they can figure things out if they try more. The remaining suggestions are helpful, too.
- 2. Create a special list called "The list of things I want to learn"** to focus on learning opportunities instead of obstacles or failures (because they don't know how to do it).
- 3. Make a hard task easier by dividing the task into several smaller steps** and offering to help with the most difficult part.
- 4. Offering easier alternatives to build up confidence.** This will help our kids get started and can be as easy as offering two acceptable choices and then giving them the time and space to make their decision can help the child see a way to move forward. The author identifies this practice as a way for our kids to get out of their comfort zone and try difficult things.
- 5. Talking through the process.** This helps our kids learn to overcome their fears and deal with frustration with our support by discussing the frustrating tasks or ideas with them. This gives them the space to express their fears and worries.

School Closure and Delay Information

You might be wondering how you will be notified if there is a delay or classes are canceled.

Here's how we get the word out.



Portland television stations and local radio stations KLYC (1260) and KWIP (880 AM Spanish).

Dayton SD information only:

www.flashalert.net/id/daytonsd

www.do.daytonk12.org



Now that it is colder outside, students should be prepared daily for cold, wet weather.



Cough Drops & Medication at School

It's that time of year for coughs and colds. Parents may want to send cough drops or medications to school. It is state law that all medications, including medicated, herbal or vitamin C cough drops, must be brought to the school office in their original packaging and signed in by an adult. Prescription medications must be in their original pharmacy packaging with the prescription number on it. If you have a sample from the doctor, please pick up a form at the school office to have the doctor complete.



PTSO News



Upcoming Events:

PTSO Monthly Meeting
Wednesday, January 24

All Meetings Begin
at 6:30 PM

December Character Trait:

Perseverance

Pushing yourself to work through challenges and obstacles.

January Dress Up Day
Crazy Hair Day
Friday, January 26

